## BIKERS, HIKERS, AND RUNNERS





## TOP IO KEYS ROMENTO A SAFE TRAIL EXPERIENCE FOR ALL

- I. EAR BUDS: Leave 'em behind. Take in the sounds of the Backcountry... including another person or animal coming your way.
- 2. STRAVA: Turn it off. No crown for King or Queen of the Mountain here.
- 3. UNDERSTAND: These are beginner and family-oriented trails. If you cannot come down to that level to make it safe for all, then YOU might be the problem.
- 4. BELL: It's more than a decoration. Use it!
- 5. RESPECT: Give it to other trail users and your surroundings...always.
- 6. EXPECT: Someone is coming the other direction, plan on it.
- 7. CONTROL: Your bike, yourself, always.
- 8. SLOW DOWN: For goodness sakes, just slow down on the corners and around other users. Save speed for downhill courses. This is not that.
- 9. USER CONFLICT: Only YOU can prevent user conflict. Your demeanor, your attitude, your knowledge, your understanding of the rules all matter.
- 10. RULES: The More You Know: Bikers yield to all, all yield to horses, downhill yields to uphill. Stay on the trail. Google 'Trail Etiquette,' it is never too late to learn.





