



Recreation Center at Westridge Pool Schedule

January 30th - February 5th 2023

Indoor Multi Purpose Pool - 9 Lanes

Time	Monday	Time	Tuesday	Time	Wednesday	Time	Thursday	Time	Friday	Time	Saturday	Sunday	
5:00a-5:30a	Lap Swim (9)	5:00a-5:30a	Lap Swim (9)	5:00a-5:30a	Lap Swim (9)	5:00a-5:30a	Lap Swim (9)	5:00a-5:30a	Lap Swim (9)	5:00a-7:00a	Closed	Closed	
5:30a-7:30a	Lap Swim (6) HS Swim (3)	5:30a-7:30a	Lap Swim (6) HS Swim (3)	5:30a-7:30a	Lap Swim (6) HS Swim (3)	5:30a-7:30a	Lap Swim (6) HS Swim (3)	5:30a-7:30a	Lap Swim (6) HS Swim (3)	7:00a-8:30a	Lap Swim (9)	Lap Swim (9)	
7:30a-9:00a	Lap Swim (9)	7:30a-9:00a	Lap Swim (9)	7:30a-9:00a	Lap Swim (9)	7:30a-9:00a	Lap Swim (9)	7:30a-9:00a	Lap Swim (9)	8:30a-9:30a	Lap Swim (8) Private (1)	Swim (4) AMC (5)	
9:00a-3:15p	Lap Swim (9)	9:00a-10:00a	Lap Swim (4) Aqua Intensity (5)	9:00a-10:00a	Lap Swim (4) Aqua Intensity (5)	9:00a-3:15p	Lap Swim (9)	9:00a-3:15p	Lap Swim (9)	9:30a-11:00a	Lap Swim (9)	Lap Swim (9)	
		10:00a-3:15p	Lap Swim (9)	10:00a-2:00p	Lap Swim (9)					11:00a-5:00p	Lap Swim (8) Private (1)		
		2:00p-3:00p	Lap Swim (8) TR (1)	3:00p-3:15p	Lap Swim (9)					5:00p-6:00p	Lap Swim (9)		
		3:15p-4:00p	Lap Swim (4) HS Swim (5)	3:15p-4:00p	Lap Swim (4) HS Swim (5)					3:15p-4:00p	Lap Swim (4) HS Swim (5)		6:00p-8:00p
4:00p-4:45p	Lap Swim (2) HRCA (2) HS S (5)	4:00p-4:45p	Lap Swim (3) TR (1) HS Swim (5)	4:00p-4:45p	Lap Swim (2) HRCA (2) HS Swim (5)	4:00p-4:45p	Lap Swim (3) HS Swim (5) Private (1)	4:00p-4:45p	Lap Swim (2) HRCA (2) HS Swim (5)	8:00p	Closed		
4:45p-6:30p	Lap Swim (3) HRCA (6)	4:45p-7:30p	Lap Swim (2) TR (1) HRCA (6)	4:45p-6:30p	Lap Swim (4) HRCA (5)	4:45p-7:30p	Lap Swim (4) HRCA (6) Private (1)	4:45p-5:30p	Lap Swim (4) HRCA (5)	Legend			
6:30p-7:30p	Lap Swim (9)	6:30p-7:30p	Lap Swim (2) HRCA (6)	6:30p-7:30p	Lap Swim (6) HRCA (3)	6:30p-7:30p	Lap Swim (6) HRCA (3)	5:30p-7:30p	Lap Swim (9)	TR	Therapeutic Recreation		
7:30p-9:00p	Lap Swim (4) HS Swim (5)	7:30p-9:00p	Lap Swim (4) HS Swim (5)	7:30p-9:00p	Lap Swim (4) HS Swim (5)	7:30p-9:00p	Lap Swim (4) HS Swim (5)	7:30p-9:00p	Lap Swim (4) HS Swim (5)	AI	Aqua Intensity		
9:00p	Closed	9:00p	Closed	9:00p	Closed	9:00p	Closed	9:00p	Closed	HRCA	HRCA Coached Programs		
Notes:	***POOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE***										Lap	Lap Swim	
											PL	Private Lesson	
											HS	High School Swim	
											AMC	Altitude MultiSport	

Indoor Tot Pool

Time	Monday	Time	Tuesday	Time	Wednesday	Time	Thursday	Time	Friday	Time	Saturday	Sunday
6:00a-9:00a	Closed	6:00a-9:00a	Closed	6:00a-9:00a	Closed	6:00a-9:00a	Closed	6:00a-9:00a	Closed	5:00a-9:00a	Closed	Closed
9:00a-8:00p	Open Swim	9:00a-8:00p	Open Swim	9:00a-8:00p	Open Swim	9:00a-8:00p	Open Swim	9:00a-8:00p	Open Swim	9:00-8:00p	Open Swim	Open Swim
8:00p	Closed	8:00p	Closed	8:00p	Closed	8:00p	Closed	8:00p	Closed	8:00p	Closed	Closes at 6pm

Hot Tub

Time	Monday	Time	Tuesday	Time	Wednesday	Thursday	Friday		Time	Saturday	Sunday
5:00a-9:00p	open	5:00a-9:00p	open	5:00a-9:00p	open	open	open		7:00a-6:00p	open	Open
									6:00p-8:00p		Closed

- Guests 10-17 will be permitted to use the hot tub with a parent or legal guardian in the water, under direct supervision. Guests under the age of 18 may not be in the hot tub during "Breakout."
- Outside Groups wishing to utilize the Westridge Pools, please contact the Aquatics Coordinator at least one week prior to your requested usage date.
- Questions may be directed to the Aquatics Coordinator at 720-348-8221

