



Recreation Center at Westridge Pool Schedule

February 13th - 19th 2023

Indoor Multi Purpose Pool - 9 Lanes

| Time | Monday | Time | Tuesday | Time | Wednesday | Time | Thursday | Time | Friday | Time | Saturday | Sunday | |
|-------------|--|--------------|-----------------------------------|-------------------------|-----------------------------------|-------------------------|-------------------------|---------------------------------------|---------------------------------------|-------------------------|----------------------------|---------------------|--------------|
| 5:00a-5:30a | Lap Swim (9) | 5:00a-5:30a | Lap Swim (9) | 5:00a-5:30a | Lap Swim (9) | 5:00a-5:30a | Lap Swim (9) | 5:00a-5:30a | Lap Swim (9) | 5:00a-7:00a | Closed | Closed | |
| 5:30a-7:30a | Lap Swim (6) HS Swim (3) | 5:30a-7:30a | Lap Swim (6) HS Swim (3) | 5:30a-7:30a | Lap Swim (6) HS Swim (3) | 5:30a-7:30a | Lap (6) HS Swim (3) | 5:30a-7:30a | Lap Swim (6) HS Swim (3) | 7:00a-8:30a | Lap Swim (9) | | |
| 7:30a-9:00a | Lap Swim (9) | 7:30a-9:00a | Lap Swim (9) | 7:30a-9:00a | Lap Swim (9) | 7:30a-9:00a | Lap Swim (9) | 7:30a-9:00a | Lap Swim (9) | 8:30a-9:30a | Lap Swim (8) Private (1) | Swim (4) AMC (5) | |
| 9:00a-3:15p | Lap Swim (9) | 9:00a-10:00a | Lap Swim (4) Aqua Intensity (5) | 9:00a-10:00a | Lap Swim (4) Aqua Intensity (5) | 9:00a-4:45p | Lap Swim (9) | 9:00a-4:45p | Lap Swim (9) | 9:00a-4:00p | Lap Swim (9) | Lap Swim (9) | |
| | | 10:00a-2:00p | Lap Swim (9) | | Lap Swim (9) | | | | | | | | |
| | | 2:00p-3:00p | Lap Swim (8) TR (1) | Lap Swim (9) | | | | | | | | | |
| | | 3:00p-4:00p | Lap Swim (9) | | | | | | | | | | |
| | | 4:00p-4:45p | Lap Swim (8) TR (1) | | | | | | | | | | Lap Swim (9) |
| 4:45p-7:30p | Lap Swim (2) HRCA (6) | Lap Swim (9) | | | | | | | | | | | |
| 6:30p-7:30p | Lap Swim (6) HRCA (3) | | Lap Swim (9) | | | | | | | | | | |
| 7:30p-9:00p | Lap Swim (9) | | | | | | | | | | | | |
| 9:00p | Closed | | | | | | | | | | | | |
| 4:00p-6:30p | Lap Swim (4) HRCA (5) | | | 4:00p-6:30p | Lap Swim (4) HRCA (5) | 4:00p-6:30p | Lap Swim (4) HRCA (5) | 4:45p-7:30p | Lap Swim (2) HRCA (6) Private (1) | 4:00p-5:30p | Lap Swim (4) HRCA (5) | 8:00p | Closed |
| 6:30p-7:30p | Lap Swim (6) HRCA (3) | 4:45p-7:30p | | Lap Swim (2) HRCA (6) | 6:30p-7:30p | Lap Swim (6) HRCA (3) | 4:45p-7:30p | Lap Swim (2) HRCA (6) Private (1) | 5:30p-6:30p | Lap Swim (6) HRCA (3) | Legend | | |
| 7:30p-9:00p | Lap Swim (9) | 7:30p-9:00p | Lap Swim (9) | 7:30p-9:00p | Lap Swim (9) | 7:30p-9:00p | Lap Swim (9) | 6:30p-9:00p | Lap Swim (9) | TR | Therapeutic Recreation | | |
| 9:00p | Closed | 9:00p | Closed | 9:00p | Closed | 9:00p | Closed | 9:00p | Closed | AI | Aqua Intensity | | |
| Notes: | ***POOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE*** | | | | | | | | | | Lap | Lap Swim | |
| | | | | | | | | | | | PL | Private Lesson | |
| | | | | | | | | | | | HS | High School Swim | |
| | | | | | | | | | | | AMC | Altitude MultiSport | |

Indoor Tot Pool

| Time | Monday | Time | Tuesday | Time | Wednesday | Time | Thursday | Time | Friday | Time | Saturday | Sunday |
|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|---------------|
| 6:00a-9:00a | Closed | 6:00a-9:00a | Closed | 6:00a-9:00a | Closed | 6:00a-9:00a | Closed | 6:00a-9:00a | Closed | 5:00a-9:00a | Closed | Closed |
| 9:00a-8:00p | Open Swim | 9:00a-8:00p | Open Swim | 9:00a-8:00p | Open Swim | 9:00a-8:00p | Open Swim | 9:00a-8:00p | Open Swim | 9:00-8:00p | Open Swim | Open Swim |
| 8:00p | Closed | 8:00p | Closed | 8:00p | Closed | 8:00p | Closed | 8:00p | Closed | 8:00p | Closed | Closes at 6pm |

Hot Tub

| Time | Monday | Time | Tuesday | Time | Wednesday | Thursday | Friday | | Time | Saturday | Sunday |
|-------------|--------|-------------|---------|-------------|-----------|----------|--------|--|-------------|----------|--------|
| 5:00a-9:00p | open | 5:00a-9:00p | open | 5:00a-9:00p | open | open | open | | 7:00a-6:00p | open | Open |
| | | | | | | | | | 6:00p-8:00p | | Closed |

- Guests 10-17 will be permitted to use the hot tub with a parent or legal guardian in the water, under direct supervision. Guests under the age of 18 may not be in the hot tub during "Breakout."
- Outside Groups wishing to utilize the Westridge Pools, please contact the Aquatics Coordinator at least one week prior to your requested usage date.
- Questions may be directed to the Aquatics Coordinator at 720-348-8221

